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SCHOOL : STRONG TOWER ACADEMY

SUBJECT : HOME ECONOMICS

CLASS : JSS TWO

TOPIC : FOOD PURCHASING AND PRESERVATION

Food purchasing is the act of buying foodstuff or food commodities. Food is expensive and can spoil easily, so it is important to store food properly.

FACTORS TO CONSIDER WHEN BUYING FOOD

1. Size of the family.
2. The family food needs.
3. Food preservation based on health.
4. Quality of food.
5. Food in season.
6. Money available to the family.
7. Where to buy food.

BULK BUYING OR BULK PURCHASING

This is the process of buying foodstuff in large quantities.

ADVANTAGES OF BULK BUYING

1. It is economical and saves money.
2. It saves time and energy.
3. It enables the home maker to buy food in season.
4. It is very useful for food management.
5. It ensures that food is always available in the house.

DISADVANTAGES OF BULK BUYING

1. It can take much of the family income.
2. One kind of food purchase in bulk can become monotonous.

3. Lack of proper storage and management of food can lead to wastage.
4. Poor quality foodstuffs purchased in bulk will spoil in storage.