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Social studies (JS1).

Topic: Meaning, causes and effects of STI /HIV/AIDS..

Sexually transmitted infections( STI ) are infections that can be caught or passed on when you have unprotected sex or close sexual contact with another person .

Sexually transmitted diseases (STD) are mostly passed on through the close intimate contact that usually accompanies sexual activities. Some common sexually transmitted diseases includes;

- a) Human immunodeficiency virus (HIV)
- b) Gonorrhoea
- c) Chlamydia
- d) Syphilis
- e) Hepatitis etc

HIV /AIDS: human immunodeficiency virus is a sexually transmitted disease or virus that breaks down certain CD4+CELLS in your immune system which makes it easier to get really sick and die from infections that your body could normally fight off.

It is a virus that causes AIDS( Acquired immune deficiency syndrome).

Causes of HIV/AIDS:

- a) By sharing needles or syringes with infected persons.
- b) By having unprotected sex or sexual intercourse.
- c) By getting stuck with a needle that has infected blood on it.
- d) By mother to child blood transfusion during pregnancy or breastfeeding.

Effects of HIV /AIDS:

- a) Death
- b) Stigmatisation
- c) Financial burden (poverty)
- d) Loss of employees
- e) Orphans etc.

Preventive measures includes

- a) Blood should be properly screened before it is transfused into patients.
- b) It is important to live a responsible sexual life among couples and unmarried partners.
- c) Do not share needles or sharp objects with people to avoid being infected.
- d) Pregnant women should be tested for HIV regularly.