SCHOOL: STRONG TOWER ACADEMY

SUBJECT: CIVIC EDUCATION

CLASS: SS1

TEACHER: MRS ONYEMAECHI

NOTE FOR WEEK FOUR

## SEVEN CORE FREEDOM OF UDHR

The seven core freedom of UDHR is the fundamental Human Rights that cannot be suspended or limited for any reason.

## THE SEVEN CORE FREEDOM OF UDHR

- 1. Right to life: This means that no human being has the right to kill another or be killed
- 2. Right to freedom from torture: This means that no individual has the right to inflict severe pain as a means of punishment, revenge, forcing information or a confession on anyone.
- 3. Right to freedom from enslavement or servitude: This means that no individual has the right to enslave anyone, treat people as property to be bought or sold, sexually enslave anyone, wage slavery, debt bondage as all these are illegal under the law
- 4. Right to protection: This means that every free human being has the right to be protected from danger of any kind under the law.
- 5. Right to freedom of speech, association and assembly: This means that every individual is entitled to freedom of speech, expression not hate speech and assembly not illegal assembly

- 6. Right to recognition as a person before the law: This means that every human has the right to recognition no matter where they are.
- 7. Right to freedom of thought, conscience and religion: This mean that every individual has the right to think freely and take necessary decisions, change religion or conviction and free to express their religion.

## BENEFITS OF FUNDAMENTAL HUMAN RIGHTS

Fundamental Human Rights means that every individual is at birth endowed to certain inalienable rights such as life, liberty and pursuit of happiness. The following are the importance:

- 1. It promotes development and friendly relations among nations
- 2. The declaration is protected under law
- 3. It promotes progress and better standard of standard of life
- 4. It promotes justice, freedom and dignity of life
- 5. It promotes increase increased international peace and stability
- 6. It gives power to individuals to succeed