SCHOOL: STRONG TOWER ACADEMY

SUBJECT: CIVIC EDUCATION

CLASS: SS2

TEACHER: MRS ONYEMAECHI

NOTE FOR WEEK ONE

RESPONSIBLE PARENTHOOD

A parent is a father and mother of a child. Parenthood is the state of being a parent.

Responsible parenthood implies the condition and situation of being a parent and being able to provide crucial set of physical and emotional needs of the children. A responsible parent inculcates good morals and values in their children, provide them with the basic needs of life like food, clothing, shelter and education, etc.

TYPES OF RESPONSIBLE PARENTHOOD

- 1. Dual Parenthood: This is the type of parenthood where the father and mother are together in a conjugal union through which they are to raise their children. In this, the children are trained with sound moral values.
- 2. Single Parenthood: single parenthood is a situation whereby the nurturing and well-being of a child or children in a family is carried out by one parent. This often arises as a result of separation, divorce, death of either partner, teenage pregnancy, society women, children outside wedlock, etc.

3. Foster Parenthood: This is a type of parenthood where a different couple raise a particular child that is not their own. This is common among the elites as a result of inability to bear the biological children of their own.

TECHNIQUES OF PARENTING

- 1. Attachment Parenting: This is a situation where parental bond exists between a child and the parent. For example, some children, even after marriage, are still very much attached to their parents.
- 2. Helicopter parenting: This is a situation where parents are constantly involving themselves in the child/children's affair by constantly interrupting the ability of the child/children to function on their own. For example, a parent who constantly does their children's homework instead of helping them out with it so that they can learn.
- 3. Narcissistic Parenting: This is where parents driven by their needs make their children an extension of their own identity and use their children to live out their dreams. For example, a flamboyant life-styled parent who buys an exotic Mercedes Benz car for his nineteen year old son in his first year in the university.
- 4. Positive Parenting: This is a technique of parenting whereby the parents give unconditional support, guiding them and supporting them for healthy development.
- 5. Slow Parenting: This is a technique whereby parents allow the child to develop their own interests and allows them to grow into their own person. They allow children to make their own decisions.

- 6. Spiritual Parenting: This is where a parent respects the child's individuality, making space for the child to develop a sense of his or her own belief through their personality and their own potentials.
- 7. Strict Parenting: This is a technique that is focused on strict discipline.
- 8. Toxic Parenting: This is poor parenting; it is the complete disruption of the child's ability to identify one's self and it reduces self-esteem, neglects the needs of the child. Abuse is sometimes seen in this parenting style and mostly in poverty stricken homes.
- 9. Unconditional parenting: This is a form of parenting where a parent gives unconditional positive encouragement to their child/children. Children receives support in every area of life.